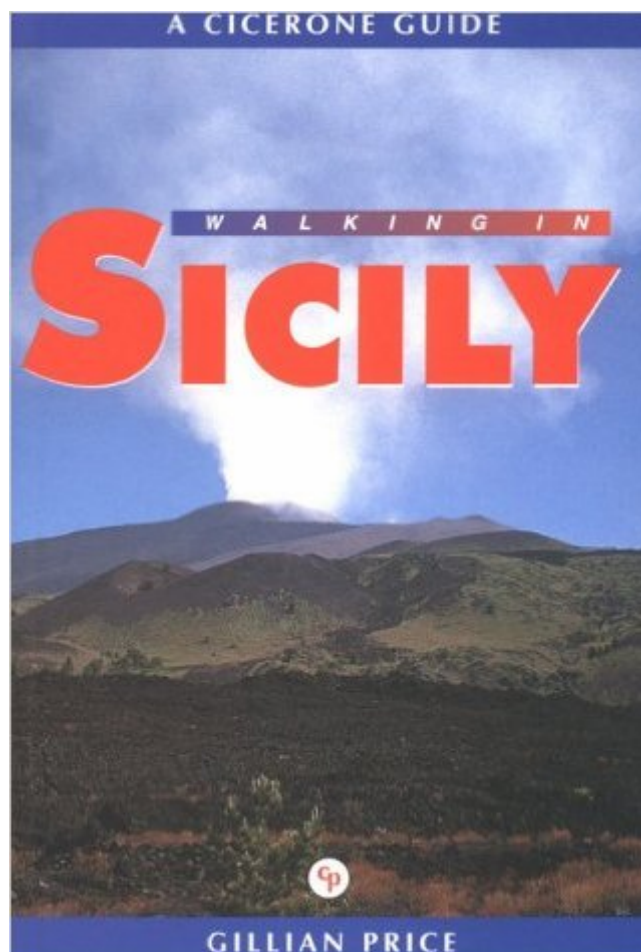


The book was found

Walking In Sicily (Cicerone International Cycling)



Synopsis

Exploring this breathtaking island on foot is a journey through time. Sicily offers wild valleys pitted with Greek and Roman temples and ancient ruins - reminders of long-gone peoples. Mule tracks and age-old pathways have survived and reserve a wealth of surprises, starting with the carpets of brilliant wildflowers. Landscapes are grandiose. Olive groves thrive alongside citrus orchards, never far from snow-clad mountain ranges presided over by imposing volcanoes - ranging from extinct and visitable, through to placidly smoking, and to constantly active giants Etna and Stromboli from which fiery rivers of lava issue. In dramatic contrast is the string of peaceful offshore islands set in turquoise waters, which are pure Mediterranean in character. Sicily's stunning range of scenery, combined with its mild winters and hot dry summers, make rewarding walking holidays feasible all year round. Visits are facilitated by good road access and an excellent network of public transport. Accommodation is plentiful, as are memorable eating places with rich Mediterranean fare.

Book Information

Series: Cicerone International Cycling

Paperback: 240 pages

Publisher: Cicerone Press; 2nd edition (November 2000)

Language: English

ISBN-10: 1852843055

ISBN-13: 978-1852843052

Product Dimensions: 6.8 x 4.6 x 0.7 inches

Shipping Weight: 11.5 ounces

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #2,066,514 in Books (See Top 100 in Books) #111 in [Books > Travel >](#)

[Europe > Italy > Sicily](#) #827 in [Books > Sports & Outdoors > Individual Sports > Cycling >](#)

[Excursion Guides](#) #2703 in [Books > Health, Fitness & Dieting > Exercise & Fitness > Running & Jogging](#)

Customer Reviews

This book covers 46 walks in Sicily ranging from coastal walks to walks in the more hilly or mountainous interior terrain. Several walks are on the Egadi and Aeolian Islands, off the western and northern coasts of Sicily, respectively. This review is of the second edition, published in 2006 by Cicerone. It is 256 pages and would fit easily in a large pocket. Cicerone publishes guides for walking, trekking, climbing, and cycling. The book begins with an introduction containing a brief

history of Sicily, comments on the island's geography and landforms, and a few remarks about the Mafia in Sicily. There are suggestions about what to take with you to Sicily as well as how to get there and brief discussions about accommodations, telephones, and food and drink in Sicily. Additionally, the flowers, trees, and wildlife of Sicily are discussed. The heart of the book are descriptions of the various walks. For each walk the approximate time to do the walk is given, as well as the distance, and the difficulty of the walk, graded 1-3. There are directions to the walk's starting point, both by public transportation, as well as by driving. Each walk description includes a sketch map of the area, although a few walks are grouped together on the same sketch map. For each walk, there are listings of more detailed maps that are available. The narrative for the walks mentions major sights along the way, either manmade or natural. When appropriate, there may be some historical or cultural information about the vicinity. Most walk descriptions also include a color photo. The book is very appealing and certainly makes me want to return to Sicily and do some of these hikes. The author has a good writing style and appears to know Sicily well.

[Download to continue reading...](#)

Walking in Sicily (Cicerone International Cycling) CARB CYCLING - The Best Carb Cycling Recipes for Beginners!: ARB CYCLING - The Ultimate Carb Cycling Guide to Weight and Fat Loss Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) CARB CYCLING: Recipes for Beginners! - The Ultimate Carb Cycling Guide to Weight and Fat Loss Fasting: The Intermittent Fasting Bible: Intermittent Fasting - Flexible Diet & Carb Cycling (Belly Fat, Ketogenic, High Carb, Slow Carb, Testosterone, Lean Gains, Carb Cycling) Tino Tabak - Dreams and Demons of a New Zealand Cycling Legend (New Zealand Cycling Legends Book 5) Cycling: Bicycling Made Easy: Beginner and Expert Strategies For Performing Better On Your Bike (Cycling Training For Fitness & Sports Competition Beginners & Expert) Pilgrim Spokes: Cycling East Across America (Cycling Reflections Book 2) The Healthy Heart Walking CD: Walking Workouts For A Lifetime Of Fitness 10,000 Steps: Walking for Weight Loss, Walking for Health: A Turn by Turn Roadmap (Weight Loss Series) The GR5 Trail: Through the French Alps: Lake Geneva to Nice (Cicerone Guides) Everest: A Trekker's Guide: Trekking routes in Nepal and Tibet (Cicerone Guides) Trekking in the Dolomites (Cicerone Guides) Alpine Ski Mountaineering Vol 1 - Western Alps: Western Alps v. 1 (Cicerone Winter and Ski Mountaineering) The Day of Battle: The War in Sicily and Italy, 1943-1944 (The Liberation Trilogy Book 2) The Rock Of Anzio: From Sicily To Dachau, A History Of The U.S. 45th Infantry Division Sicily: A Literary Guide for Travellers (The I.B.Tauris Literary Guides for Travellers) Little Novels of Sicily That Summer in Sicily: A Love Story Significant Changes to the International

Plumbing Code, International Mechanical Code and International Fuel Gas Code, 2012 Edition

[Dmca](#)